

**NORTH LINCOLNSHIRE COUNCIL**

**HEALTH AND WELLBEING BOARD**

**CAMHS TRANSFORMATION PLAN UPDATE**

**1. OBJECT AND KEY POINTS IN THIS REPORT**

1.1 To update the Health and Wellbeing Board in relation to the CAMHS Transformation plan.

**2. BACKGROUND INFORMATION**

2.1 Future in Mind was published in May 2015 and set the national ambition to transform the design and delivery of a local offer of services for children and young people with mental health needs. It requires an integrated whole system approach to driving further improvements in children and young people's mental health outcomes with the NHS, Public Health, Local Authority Children's Services, Education and Youth Justice working together.

NHS England published guidance in August 2015 requiring CCG's to produce five year CAMHS Transformation Plans in partnership, with a national assurance process to agree to release funds.

2.2 The Health and Wellbeing Board received an update at the November meeting in relation to the development of North Lincolnshire's CAMHS Transformation Plan. The plan was subject to an assurance process through NHS England, and received assurance in December 2015. A full copy of the plan is available at <http://www.northlincolnshireccg.nhs.uk/data/uploads/north-lincolnshire-children-and-young-peoples-emotional-health-and-wellbeing-transformation-plan-master-031215-v3.pdf>

The plan built on the early work undertaken to develop a draft emotional health and wellbeing strategy and drew from the adolescent lifestyle survey, square table event involving young people and stakeholder organisations and work with the Youth Council. The plan sets out a number of ambitions for transformation across 6 priorities:-

- Primary Prevention- Children and Young People's emotional health and wellbeing will be the responsibility of everyone;
- Workforce Development- Provide the skills and the support to enable universal and early help practitioners (school staff, school nurses, health visitors, family support workers, third sector colleagues, youth workers) to

deliver and provide support to Children and Young People and when required, appropriate timely onward referral;

- Access- Improve access to specialist CAMHS services especially for the most vulnerable;
- Liaison- Develop clear named links with both schools and general practices, to improve liaison and consultation and early identification of Children and Young People's mental health needs (especially Children in Care);
- Eating Disorders- Develop a community based eating disorder service to intervene early, to reduce the number of people who require referral to inpatient placement and reduce their length of stay for those who are admitted; and
- Crisis and Intensive Support- Establish a specialist multi-agency intensive community support and treatment provision for Children and Young People who are on the edge of crisis and/or at risk of a hospital admission through the development of an Integrated Crisis Reduction Support Pathway to reduce the number of Children and Young People in crisis and/or admitted to hospital.

### 3. **OPTIONS FOR CONSIDERATION**

3.1 To note the approval to the plan and the process for implementation.

### 4. **ANALYSIS OF OPTIONS**

4.1 The plan pulls together what we know about the Emotional Health and Wellbeing needs of Children and Young People in North Lincolnshire, the services that are currently provided, our vision for transforming the services and how we will seek to do that.

4.2 Implementation of the plan is being led by the Children and Young People's Emotional Health and Wellbeing Group chaired by the Director of Commissioning- North Lincolnshire CCG with membership from across the CCG, North Lincolnshire Council People's Directorate and Public Health, Schools and College representation, Northern Lincolnshire and Goole Foundation Trust, Rotherham, Doncaster and South Humber Foundation Trust and Healthwatch.

4.3 The Youth Council have received a presentation on the plan and agreed that they would like to receive updates on progress and be involved in implementation where helpful. The Councils Mental Health Group are helping write a young people's version of the plan.

## 5. **RESOURCE IMPLICATIONS (FINANCIAL, STAFFING, PROPERTY, IT)**

5.1 Following assurance of the plan the CCG received non recurrent resource in 2015/16 of £93k, for Eating Disorders and £233k for CAMHS Transformation. For 2016/17 these sums are included in the CCG's overall allocation.

## 6. **OUTCOMES OF INTEGRATED IMPACT ASSESSMENT**

6.1 Impact assessments will be undertaken as part of the development of service specifications and implementation.

## 7. **OUTCOMES OF CONSULTATION AND CONFLICTS OF INTERESTS DECLARED**

7.1 The plan built on consultation with Children and Young People and stakeholders.

## 8. **RECOMMENDATIONS**

8.1 Health and Wellbeing Board are asked to:

- Note the final CAMHS Transformation Plan and the process for implementation.
- Receive updates as implementation progresses

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**Background Papers used in the preparation of this report: N/A**